

OCT



ATTENTION

Single or Unaccompanied Active Duty E5 & Below! Look for the LBJ logo throughout the Showcase.

Happenings

OUTDOOR ADVENTURE CENTER

FALL HIKES

Sasebo Orientation Strolls

Mondays, October 16 & 23
9:30-11:30 a.m.
Adults: \$5, Children: \$1
Registration deadline is the Thursday prior to each hike.
Trip includes transportation and guide. Difficulty Level: 1.5 (Easy two-hour walking hour)

Upcoming:

Mt. Yufu Hike

Saturday, November 4
8 a.m.-9 p.m. • \$42
Open to Ages 13 years & older
Registration Deadline: Thursday, November 2
Trip includes transportation and guide. Difficulty Level: 3 (Difficult and steep five-hour hike of 10.5 km with a 700 m elevation change.)

KIRISHIMA

Volcanic Mountain

Adventure Climb!

Saturday, October 14
6 a.m.-10 p.m. • \$60 • LBJ: \$45
Open to Ages 16 years & older
Registration Deadline: Thursday, October 12
Kirishima's "active" volcanic landscape promises a stunning trek among numerous gracefully sculpted cones and craters.
Difficulty Level: 3.5 (Difficult and steep five-hour hike of 9.5 km, with a 900 m elevation change; concluding a total of 1,700 meters of the summit.)



SAILING

Sailing Indoc & Small Boat Course

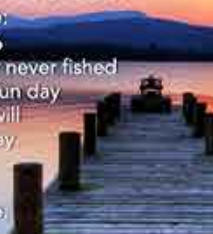
Saturday, October 7
10 a.m.-3 p.m. • \$75 • LBJ: \$25
Open to Ages 18 years & older
Learn to sail in our Bahia racers! Instruction is an all day, hands-on course followed by two more days, of your choosing, of supervised sailing. Participants must successfully complete this course to be eligible to rent a small craft from Outdoor Adventure Center.



FISHING

Shirahama Pier Fishing Trip

Saturday, October 28
9:30 a.m.-4 p.m. • \$25
Open to Ages 10 years & older
Registration Deadline: Thursday, October 26
Whether you're a pro or never fished before, come out for a fun day of angling! First timers will receive the help that they need. Trip includes fishing pole, bait, transportation and guide.



PAINTBALL

Sundays, October 8, 15 & 22
10 a.m.-2 p.m.

\$15 + cost of paintballs
Hario Paintball Field
Open to Ages 18 years & older
Registration Deadline is the Thursday prior to each game.

All game prices include transportation and equipment. Paintballs can be purchased at the Hammerhead Dive Shop. We will have the grill set up on the field so bring your BBQ to the game! A minimum of 8 participants are required to run a game.



KAYAKING

99 Island Tour

Saturday, October 21
10 a.m.-2 p.m.
\$40 • LBJ: \$25
Open to Ages 18 years & older
Registration Deadline: Thursday, October 19
Tour the 99 Islands while becoming familiar with basic, sit-on-top kayak handling skills! Find your own private island and break into a new and fun activity that will keep you coming back for more!



NAVY COMMUNITY RECREATION

For more information, call 252-3500.